

**SKI**  
**PLAS Y BRENIN**  
*ALL YEAR ROUND*

*Please Ring or Call in  
for Free Detailed Brochures*

**Multigym Climbing Wall & Bunkhouse**  
also available

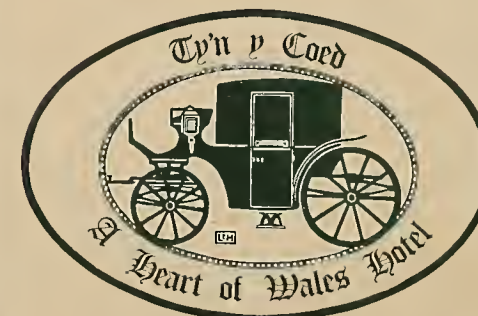
**PLAS Y BRENIN**  
NATIONAL CENTRE FOR MOUNTAIN ACTIVITIES  
CAPEL CURIG  
GWYNEDD  
TEL. 06904 280



A Sports Council Centre

Printed by Copart, Bangor

**Bar Menu**



Tel: Capel Curig 231

Soup of the Day 80p  
with roll and butter

Scampi £3.20 Sausage £1.55  
Sirloin Steak Garni £6.20  
Chicken £2.50 Plaice £2.20  
above served with chips

Snowdon Kingburger £1.50  
two hamburgers sandwiching a pineapple ring topped with melted cheese  
Cheeseburger roll £1.00 Various Sandwiches 85p  
Prawn Salad £4.00

Ploughmans, two wedges of cheese, salad, roll & pickles £1.95  
Farmers, slice of home cooked ham, salad, roll & pickles £2.10  
Climbers, a wedge of cheese, salad, roll & pickles with a slice of  
ham for hungry climbers £2.20  
Coachmans, a chunk of pate with salad & two slices of hot  
buttered toast £2.50

Gateaux £1.00 Ice Cream 70p  
Cheesecake, with fruit topping £1.10  
Hot Chocolate Fudge Cake £1.10  
all sweets served with fresh cream

All prices include V.A.T.

#### HOMEMADE DISHES

CHILLI CON CARNE £2.50  
hot & spicy Mexican casserole with rice  
CHICKEN AND PRAWN PIE £2.50  
unusual combination of ingredients in a creamy bechamel  
sauce served with chips  
LASAGNE £2.50

layers of pasta and a rich meat sauce topped with cheese,  
served with chips or salad

STEAK AND KIDNEY PIE £2.50  
chunks of steak and kidney cooked in a rich gravy with a  
dash of Guinness, served with chips

NUT ROAST £2.50  
a deluxe recipe of a vegetarian favourite, a rich mixture of  
nuts and seeds, onions, tomatoes, cheese, soy sauce, served  
with chips or salad. Try it for a nutty change.

CHECK OUR  
BLACKBOARD  
FOR  
TODAYS SPECIALS

Chips 70p Salad 70p Coleslaw 50p  
French bread 30p Garlic bread 50p  
Baked potato and butter 70p

For a more leisurely  
meal you are welcome to  
dine in our restaurant.